

# The Athletic Trainers of Massachusetts Presents the Spring Symposium



**Tuesday, May 23, 2023**  
**Springfield College**  
**Richard B Flynn Campus Union Building**  
**Dodge Rooms**

**9:00 a.m. - 3:30 p.m.**

**Registration Begins at 8:15 a.m.**

**ATOM Members: \$75 \* Non-Members: \$85 \* Students: \$30**

**Total CEU's: 4.5 Category A**

<p><b>Lecture #1</b>  Integrating the “Important Other” for Athletes with Eating Disorders: Approaches for Athletic Trainers</p> <p><b>Presenter:</b>  Kelsey Varzeas, PhD, CMPC</p> <p><b>CEU: 1.5 Category A</b></p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>-Recognize the signs and symptoms of eating disorder presentation for athletes.</li> <li>-Develop skills to express concern to athletes presenting with eating disorder/disordered eating behaviors.</li> <li>-Identify key components to generate a referral process specific to one’s practice setting.</li> <li>-Summarize key eating disorder treatment and collaborative care processes to athletes who may need care.</li> <li>-Determine strategies to support athletes who have been discharged from eating disorder treatment programs.</li> </ul>	<p><b>Lecture #2</b>  Mental Health Best Practices for Student-Athletes</p> <p><b>Presenters:</b>  Abigail Wirtz, MS, ATC, PES, GTS  Sarah Giasullo, PhD, LAT, ATC, CMPC, CSCS</p> <p><b>CEU: 1.75 Category A</b></p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>-Understand prevalence of mental health in students of secondary schools and collegiate settings.</li> <li>-Examine best practices related to mental health for student-athletes.</li> <li>-Analyze and evaluate compliance of your current institution with regard to mental health best practices.</li> <li>-Develop an action plan to implement best practices at your institution.</li> </ul>	<p><b>Lecture #3</b>  Psychosocial Considerations and Return to Sport Following a Concussion</p> <p><b>Presenter:</b>  Jennifer Concannon, DAT, LAT, ATC, CES</p> <p><b>CEU: 1.25 Category A</b></p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>-Outline the pathophysiological process following a traumatic brain injury.</li> <li>-Review a fictional case to allow audience members to design a multimodal intervention strategy for healthcare providers treating patients with who may be experiencing psychosocial considerations following a concussion.</li> <li>-Develop a concussion management plan including a variety of referral resources, therapeutic intervention strategies and follow up evaluation.</li> </ul>
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Light morning refreshments and lunch will be provided.

Visit our website (<https://www.athletictrainersofmass.com/events>) to register for the event.

\*Full refunds will be provided through May 16, 2023. No refunds for cancellations will be provided after this date. All refund requests need to be in writing via email to the continuing education chair or ATOM President.