

ATOM Spring Symposium

Tuesday, June 4, 2024 College of the Holy Cross * Luth Athletic Complex



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Lecture #1

Beyond Basics: Enhancing Understanding of Prosthetic Care to Empower Adaptive **Athletes**

Learning Objectives:

- -Discuss the importance of a collaborative relationship between physician, prosthetist, ATC, PT & client -Explain proper prosthetic management (donning/doffing, wear schedules, ply sock management, and caring for prostheticrelated equipment)
- -Identify typical gait deviations in patients using lower extremity prosthetic devices using a structured gait analysis approach -Modify lower extremity exercises, given limitations of prosthetic componentry -Discuss why certain muscle groups are at risk for weakness, decreased length and

how this impacts exercise and function

Lecture #2

Fundamentals and Theories of Inclusive and Adaptive Fitness

<u>Learning Objectives:</u>

-Apply Models of Disability to Physical Activity Programming -Clarify Common Misconceptions of Inclusion and Accessibility -Assess Physical Activity Approaches for Adaptive Athletes Develop a Collaborative Relationship with Students' Support Teams

Lecture #3

Transgender & Gender Diverse Patients in Sport; Clinical & Social Considerations for the Athletic Trainer

<u>Learning Objectives:</u>

- -Recognize and discuss various healthcare needs and social determinants of health affecting transgender and gender diverse patients treated by athletic trainers -Differentiate between explicit and
 - implicit bias to aid in identifying and challenging internal discriminatory beliefs
- -Identify different components of gender affirming care that affect transgender and gender diverse patients who participate in sport
 - -Discuss and implement inclusive documentation practices and participation environments

EVENT SCHEDULE Registration: 8:00-9:00a Lecture #1: 9:00-10:30a Lecture #2 10:45-12:15p Business Lunch 12:30-1:30p Lecture #3: 1:45-3:00p

FEES

ATOM Member: \$75.00 Non-ATOM Member: \$85.00 Student: \$30.00

CEU'S

Lecture #1: 1.5 Cat A Lecture #2: 1.5 Cat A Lecture #3: 1.25 Cat A TOTAL: 4.25 Cat A

*Full refunds will be provided through May 28, 2024. No refunds will be provided after this date. All refund requests need to be in writing via email to the continuing education chair or ATOM President.





